

ABSTRACT OF THE DISCLOSURE

5 A foot mobility aid for helping a user with limited mobility in
a leg and foot help move the user's leg and foot when walking. The
foot mobility aid includes an elongate flexible strap with a pair of
opposite ends. One of the ends of the strap is folded back over an
adjacent portion of the strap and coupled to the adjacent portion of
10 the strap to form a foot loop for extending the foot of a user
therein.